

WCRFC Practice Schedule

November 2, 2026 – March 26, 2027

Holiday Break: No practices December 21, 2026 – January 3, 2027. Practices resume January 4, 2027.

Locations: Turf — Indoor, 21 Myrtle St, Stratford | Gym — Park Royal United Church, Sherwood

Weekly Schedule

Team	Regular Practice	Second Practice	Location Pattern
U12 Girls Div 2	Monday 5:30–6:30 PM	Tuesday 4:00–5:00 PM	Gym + Turf
U12 Boys Div 2	Monday 6:30–7:30 PM	Tuesday 4:00–5:00 PM	Gym + Turf
U12 Boys Div 1	Wednesday 5:30–6:30 PM	Tuesday 5:00–6:00 PM	Gym + Turf
U12 Girls Div 1	Wednesday 6:30–7:30 PM	Tuesday 5:00–6:00 PM	Gym + Turf
U14 Girls Div 1	Thursday 6:00–7:00 PM	Tuesday 6:00–7:00 PM	Gym + Turf
U14 Boys Div 1	Thursday 5:00–6:00 PM	Alternates: Tue 6–7 PM / Fri 6:30–7:30 PM	Turf / Gym rotation
U14 Boys Div 2	Monday 7:30–8:30 PM	Alternates: Tue 6–7 PM / Fri 6:30–7:30 PM	Turf / Gym rotation

U12 Girls Div 2

Practice #	Date	Day	Time	Location
1	Nov 02, 2026	Monday	5:30–6:30 PM	Gym
2	Nov 03, 2026	Tuesday	4:00–5:00 PM	Turf
3	Nov 09, 2026	Monday	5:30–6:30 PM	Gym
4	Nov 10, 2026	Tuesday	4:00–5:00 PM	Turf
5	Nov 16, 2026	Monday	5:30–6:30 PM	Gym
6	Nov 17, 2026	Tuesday	4:00–5:00 PM	Turf
7	Nov 23, 2026	Monday	5:30–6:30 PM	Gym
8	Nov 24, 2026	Tuesday	4:00–5:00 PM	Turf
9	Nov 30, 2026	Monday	5:30–6:30 PM	Gym
10	Dec 01, 2026	Tuesday	4:00–5:00 PM	Turf
11	Dec 07, 2026	Monday	5:30–6:30 PM	Gym
12	Dec 08, 2026	Tuesday	4:00–5:00 PM	Turf
13	Dec 14, 2026	Monday	5:30–6:30 PM	Gym
14	Dec 15, 2026	Tuesday	4:00–5:00 PM	Turf
15	Jan 04, 2027	Monday	5:30–6:30 PM	Gym
16	Jan 05, 2027	Tuesday	4:00–5:00 PM	Turf
17	Jan 11, 2027	Monday	5:30–6:30 PM	Gym
18	Jan 12, 2027	Tuesday	4:00–5:00 PM	Turf
19	Jan 18, 2027	Monday	5:30–6:30 PM	Gym
20	Jan 19, 2027	Tuesday	4:00–5:00 PM	Turf
21	Jan 25, 2027	Monday	5:30–6:30 PM	Gym
22	Jan 26, 2027	Tuesday	4:00–5:00 PM	Turf
23	Feb 01, 2027	Monday	5:30–6:30 PM	Gym
24	Feb 02, 2027	Tuesday	4:00–5:00 PM	Turf
25	Feb 08, 2027	Monday	5:30–6:30 PM	Gym
26	Feb 09, 2027	Tuesday	4:00–5:00 PM	Turf
27	Feb 15, 2027	Monday	5:30–6:30 PM	Gym
28	Feb 16, 2027	Tuesday	4:00–5:00 PM	Turf
29	Feb 22, 2027	Monday	5:30–6:30 PM	Gym
30	Feb 23, 2027	Tuesday	4:00–5:00 PM	Turf
31	Mar 01, 2027	Monday	5:30–6:30 PM	Gym
32	Mar 02, 2027	Tuesday	4:00–5:00 PM	Turf
33	Mar 08, 2027	Monday	5:30–6:30 PM	Gym
34	Mar 09, 2027	Tuesday	4:00–5:00 PM	Turf
35	Mar 15, 2027	Monday	5:30–6:30 PM	Gym
36	Mar 16, 2027	Tuesday	4:00–5:00 PM	Turf
37	Mar 22, 2027	Monday	5:30–6:30 PM	Gym
38	Mar 23, 2027	Tuesday	4:00–5:00 PM	Turf

U12 Boys Div 2

Practice #	Date	Day	Time	Location
1	Nov 02, 2026	Monday	6:30-7:30 PM	Gym
2	Nov 03, 2026	Tuesday	4:00-5:00 PM	Turf
3	Nov 09, 2026	Monday	6:30-7:30 PM	Gym
4	Nov 10, 2026	Tuesday	4:00-5:00 PM	Turf
5	Nov 16, 2026	Monday	6:30-7:30 PM	Gym
6	Nov 17, 2026	Tuesday	4:00-5:00 PM	Turf
7	Nov 23, 2026	Monday	6:30-7:30 PM	Gym
8	Nov 24, 2026	Tuesday	4:00-5:00 PM	Turf
9	Nov 30, 2026	Monday	6:30-7:30 PM	Gym
10	Dec 01, 2026	Tuesday	4:00-5:00 PM	Turf
11	Dec 07, 2026	Monday	6:30-7:30 PM	Gym
12	Dec 08, 2026	Tuesday	4:00-5:00 PM	Turf
13	Dec 14, 2026	Monday	6:30-7:30 PM	Gym
14	Dec 15, 2026	Tuesday	4:00-5:00 PM	Turf
15	Jan 04, 2027	Monday	6:30-7:30 PM	Gym
16	Jan 05, 2027	Tuesday	4:00-5:00 PM	Turf
17	Jan 11, 2027	Monday	6:30-7:30 PM	Gym
18	Jan 12, 2027	Tuesday	4:00-5:00 PM	Turf
19	Jan 18, 2027	Monday	6:30-7:30 PM	Gym
20	Jan 19, 2027	Tuesday	4:00-5:00 PM	Turf
21	Jan 25, 2027	Monday	6:30-7:30 PM	Gym
22	Jan 26, 2027	Tuesday	4:00-5:00 PM	Turf
23	Feb 01, 2027	Monday	6:30-7:30 PM	Gym
24	Feb 02, 2027	Tuesday	4:00-5:00 PM	Turf
25	Feb 08, 2027	Monday	6:30-7:30 PM	Gym
26	Feb 09, 2027	Tuesday	4:00-5:00 PM	Turf
27	Feb 15, 2027	Monday	6:30-7:30 PM	Gym
28	Feb 16, 2027	Tuesday	4:00-5:00 PM	Turf
29	Feb 22, 2027	Monday	6:30-7:30 PM	Gym
30	Feb 23, 2027	Tuesday	4:00-5:00 PM	Turf
31	Mar 01, 2027	Monday	6:30-7:30 PM	Gym
32	Mar 02, 2027	Tuesday	4:00-5:00 PM	Turf
33	Mar 08, 2027	Monday	6:30-7:30 PM	Gym
34	Mar 09, 2027	Tuesday	4:00-5:00 PM	Turf
35	Mar 15, 2027	Monday	6:30-7:30 PM	Gym
36	Mar 16, 2027	Tuesday	4:00-5:00 PM	Turf
37	Mar 22, 2027	Monday	6:30-7:30 PM	Gym
38	Mar 23, 2027	Tuesday	4:00-5:00 PM	Turf

U12 Boys Div 1

Practice #	Date	Day	Time	Location
1	Nov 03, 2026	Tuesday	5:00–6:00 PM	Turf
2	Nov 04, 2026	Wednesday	5:30–6:30 PM	Gym
3	Nov 10, 2026	Tuesday	5:00–6:00 PM	Turf
4	Nov 11, 2026	Wednesday	5:30–6:30 PM	Gym
5	Nov 17, 2026	Tuesday	5:00–6:00 PM	Turf
6	Nov 18, 2026	Wednesday	5:30–6:30 PM	Gym
7	Nov 24, 2026	Tuesday	5:00–6:00 PM	Turf
8	Nov 25, 2026	Wednesday	5:30–6:30 PM	Gym
9	Dec 01, 2026	Tuesday	5:00–6:00 PM	Turf
10	Dec 02, 2026	Wednesday	5:30–6:30 PM	Gym
11	Dec 08, 2026	Tuesday	5:00–6:00 PM	Turf
12	Dec 09, 2026	Wednesday	5:30–6:30 PM	Gym
13	Dec 15, 2026	Tuesday	5:00–6:00 PM	Turf
14	Dec 16, 2026	Wednesday	5:30–6:30 PM	Gym
15	Jan 05, 2027	Tuesday	5:00–6:00 PM	Turf
16	Jan 06, 2027	Wednesday	5:30–6:30 PM	Gym
17	Jan 12, 2027	Tuesday	5:00–6:00 PM	Turf
18	Jan 13, 2027	Wednesday	5:30–6:30 PM	Gym
19	Jan 19, 2027	Tuesday	5:00–6:00 PM	Turf
20	Jan 20, 2027	Wednesday	5:30–6:30 PM	Gym
21	Jan 26, 2027	Tuesday	5:00–6:00 PM	Turf
22	Jan 27, 2027	Wednesday	5:30–6:30 PM	Gym
23	Feb 02, 2027	Tuesday	5:00–6:00 PM	Turf
24	Feb 03, 2027	Wednesday	5:30–6:30 PM	Gym
25	Feb 09, 2027	Tuesday	5:00–6:00 PM	Turf
26	Feb 10, 2027	Wednesday	5:30–6:30 PM	Gym
27	Feb 16, 2027	Tuesday	5:00–6:00 PM	Turf
28	Feb 17, 2027	Wednesday	5:30–6:30 PM	Gym
29	Feb 23, 2027	Tuesday	5:00–6:00 PM	Turf
30	Feb 24, 2027	Wednesday	5:30–6:30 PM	Gym
31	Mar 02, 2027	Tuesday	5:00–6:00 PM	Turf
32	Mar 03, 2027	Wednesday	5:30–6:30 PM	Gym
33	Mar 09, 2027	Tuesday	5:00–6:00 PM	Turf
34	Mar 10, 2027	Wednesday	5:30–6:30 PM	Gym
35	Mar 16, 2027	Tuesday	5:00–6:00 PM	Turf
36	Mar 17, 2027	Wednesday	5:30–6:30 PM	Gym
37	Mar 23, 2027	Tuesday	5:00–6:00 PM	Turf
38	Mar 24, 2027	Wednesday	5:30–6:30 PM	Gym

U12 Girls Div 1

Practice #	Date	Day	Time	Location
1	Nov 03, 2026	Tuesday	5:00–6:00 PM	Turf
2	Nov 04, 2026	Wednesday	6:30–7:30 PM	Gym
3	Nov 10, 2026	Tuesday	5:00–6:00 PM	Turf
4	Nov 11, 2026	Wednesday	6:30–7:30 PM	Gym
5	Nov 17, 2026	Tuesday	5:00–6:00 PM	Turf
6	Nov 18, 2026	Wednesday	6:30–7:30 PM	Gym
7	Nov 24, 2026	Tuesday	5:00–6:00 PM	Turf
8	Nov 25, 2026	Wednesday	6:30–7:30 PM	Gym
9	Dec 01, 2026	Tuesday	5:00–6:00 PM	Turf
10	Dec 02, 2026	Wednesday	6:30–7:30 PM	Gym
11	Dec 08, 2026	Tuesday	5:00–6:00 PM	Turf
12	Dec 09, 2026	Wednesday	6:30–7:30 PM	Gym
13	Dec 15, 2026	Tuesday	5:00–6:00 PM	Turf
14	Dec 16, 2026	Wednesday	6:30–7:30 PM	Gym
15	Jan 05, 2027	Tuesday	5:00–6:00 PM	Turf
16	Jan 06, 2027	Wednesday	6:30–7:30 PM	Gym
17	Jan 12, 2027	Tuesday	5:00–6:00 PM	Turf
18	Jan 13, 2027	Wednesday	6:30–7:30 PM	Gym
19	Jan 19, 2027	Tuesday	5:00–6:00 PM	Turf
20	Jan 20, 2027	Wednesday	6:30–7:30 PM	Gym
21	Jan 26, 2027	Tuesday	5:00–6:00 PM	Turf
22	Jan 27, 2027	Wednesday	6:30–7:30 PM	Gym
23	Feb 02, 2027	Tuesday	5:00–6:00 PM	Turf
24	Feb 03, 2027	Wednesday	6:30–7:30 PM	Gym
25	Feb 09, 2027	Tuesday	5:00–6:00 PM	Turf
26	Feb 10, 2027	Wednesday	6:30–7:30 PM	Gym
27	Feb 16, 2027	Tuesday	5:00–6:00 PM	Turf
28	Feb 17, 2027	Wednesday	6:30–7:30 PM	Gym
29	Feb 23, 2027	Tuesday	5:00–6:00 PM	Turf
30	Feb 24, 2027	Wednesday	6:30–7:30 PM	Gym
31	Mar 02, 2027	Tuesday	5:00–6:00 PM	Turf
32	Mar 03, 2027	Wednesday	6:30–7:30 PM	Gym
33	Mar 09, 2027	Tuesday	5:00–6:00 PM	Turf
34	Mar 10, 2027	Wednesday	6:30–7:30 PM	Gym
35	Mar 16, 2027	Tuesday	5:00–6:00 PM	Turf
36	Mar 17, 2027	Wednesday	6:30–7:30 PM	Gym
37	Mar 23, 2027	Tuesday	5:00–6:00 PM	Turf
38	Mar 24, 2027	Wednesday	6:30–7:30 PM	Gym

U14 Girls Div 1

Practice #	Date	Day	Time	Location
1	Nov 03, 2026	Tuesday	6:00-7:00 PM	Turf
2	Nov 05, 2026	Thursday	6:00-7:00 PM	Gym
3	Nov 10, 2026	Tuesday	6:00-7:00 PM	Turf
4	Nov 12, 2026	Thursday	6:00-7:00 PM	Gym
5	Nov 17, 2026	Tuesday	6:00-7:00 PM	Turf
6	Nov 19, 2026	Thursday	6:00-7:00 PM	Gym
7	Nov 24, 2026	Tuesday	6:00-7:00 PM	Turf
8	Nov 26, 2026	Thursday	6:00-7:00 PM	Gym
9	Dec 01, 2026	Tuesday	6:00-7:00 PM	Turf
10	Dec 03, 2026	Thursday	6:00-7:00 PM	Gym
11	Dec 08, 2026	Tuesday	6:00-7:00 PM	Turf
12	Dec 10, 2026	Thursday	6:00-7:00 PM	Gym
13	Dec 15, 2026	Tuesday	6:00-7:00 PM	Turf
14	Dec 17, 2026	Thursday	6:00-7:00 PM	Gym
15	Jan 05, 2027	Tuesday	6:00-7:00 PM	Turf
16	Jan 07, 2027	Thursday	6:00-7:00 PM	Gym
17	Jan 12, 2027	Tuesday	6:00-7:00 PM	Turf
18	Jan 14, 2027	Thursday	6:00-7:00 PM	Gym
19	Jan 19, 2027	Tuesday	6:00-7:00 PM	Turf
20	Jan 21, 2027	Thursday	6:00-7:00 PM	Gym
21	Jan 26, 2027	Tuesday	6:00-7:00 PM	Turf
22	Jan 28, 2027	Thursday	6:00-7:00 PM	Gym
23	Feb 02, 2027	Tuesday	6:00-7:00 PM	Turf
24	Feb 04, 2027	Thursday	6:00-7:00 PM	Gym
25	Feb 09, 2027	Tuesday	6:00-7:00 PM	Turf
26	Feb 11, 2027	Thursday	6:00-7:00 PM	Gym
27	Feb 16, 2027	Tuesday	6:00-7:00 PM	Turf
28	Feb 18, 2027	Thursday	6:00-7:00 PM	Gym
29	Feb 23, 2027	Tuesday	6:00-7:00 PM	Turf
30	Feb 25, 2027	Thursday	6:00-7:00 PM	Gym
31	Mar 02, 2027	Tuesday	6:00-7:00 PM	Turf
32	Mar 04, 2027	Thursday	6:00-7:00 PM	Gym
33	Mar 09, 2027	Tuesday	6:00-7:00 PM	Turf
34	Mar 11, 2027	Thursday	6:00-7:00 PM	Gym
35	Mar 16, 2027	Tuesday	6:00-7:00 PM	Turf
36	Mar 18, 2027	Thursday	6:00-7:00 PM	Gym
37	Mar 23, 2027	Tuesday	6:00-7:00 PM	Turf
38	Mar 25, 2027	Thursday	6:00-7:00 PM	Gym

U14 Boys Div 1

Schedule note: One fixed Gym practice plus the alternating Tuesday Turf / Friday Gym rotation.

Practice #	Date	Day	Time	Location
1	Nov 03, 2026	Tuesday	6:00–7:00 PM	Turf
2	Nov 05, 2026	Thursday	5:00–6:00 PM	Gym
3	Nov 12, 2026	Thursday	5:00–6:00 PM	Gym
4	Nov 13, 2026	Friday	6:30–7:30 PM	Gym
5	Nov 17, 2026	Tuesday	6:00–7:00 PM	Turf
6	Nov 19, 2026	Thursday	5:00–6:00 PM	Gym
7	Nov 26, 2026	Thursday	5:00–6:00 PM	Gym
8	Nov 27, 2026	Friday	6:30–7:30 PM	Gym
9	Dec 01, 2026	Tuesday	6:00–7:00 PM	Turf
10	Dec 03, 2026	Thursday	5:00–6:00 PM	Gym
11	Dec 10, 2026	Thursday	5:00–6:00 PM	Gym
12	Dec 11, 2026	Friday	6:30–7:30 PM	Gym
13	Dec 15, 2026	Tuesday	6:00–7:00 PM	Turf
14	Dec 17, 2026	Thursday	5:00–6:00 PM	Gym
15	Jan 07, 2027	Thursday	5:00–6:00 PM	Gym
16	Jan 08, 2027	Friday	6:30–7:30 PM	Gym
17	Jan 12, 2027	Tuesday	6:00–7:00 PM	Turf
18	Jan 14, 2027	Thursday	5:00–6:00 PM	Gym
19	Jan 21, 2027	Thursday	5:00–6:00 PM	Gym
20	Jan 22, 2027	Friday	6:30–7:30 PM	Gym
21	Jan 26, 2027	Tuesday	6:00–7:00 PM	Turf
22	Jan 28, 2027	Thursday	5:00–6:00 PM	Gym
23	Feb 04, 2027	Thursday	5:00–6:00 PM	Gym
24	Feb 05, 2027	Friday	6:30–7:30 PM	Gym
25	Feb 09, 2027	Tuesday	6:00–7:00 PM	Turf
26	Feb 11, 2027	Thursday	5:00–6:00 PM	Gym
27	Feb 18, 2027	Thursday	5:00–6:00 PM	Gym
28	Feb 19, 2027	Friday	6:30–7:30 PM	Gym
29	Feb 23, 2027	Tuesday	6:00–7:00 PM	Turf
30	Feb 25, 2027	Thursday	5:00–6:00 PM	Gym
31	Mar 04, 2027	Thursday	5:00–6:00 PM	Gym
32	Mar 05, 2027	Friday	6:30–7:30 PM	Gym
33	Mar 09, 2027	Tuesday	6:00–7:00 PM	Turf
34	Mar 11, 2027	Thursday	5:00–6:00 PM	Gym
35	Mar 18, 2027	Thursday	5:00–6:00 PM	Gym
36	Mar 19, 2027	Friday	6:30–7:30 PM	Gym
37	Mar 23, 2027	Tuesday	6:00–7:00 PM	Turf
38	Mar 25, 2027	Thursday	5:00–6:00 PM	Gym

U14 Boys Div 2

Schedule note: One fixed Gym practice plus the alternating Tuesday Turf / Friday Gym rotation.

Practice #	Date	Day	Time	Location
1	Nov 02, 2026	Monday	7:30-8:30 PM	Gym
2	Nov 06, 2026	Friday	6:30-7:30 PM	Gym
3	Nov 09, 2026	Monday	7:30-8:30 PM	Gym
4	Nov 10, 2026	Tuesday	6:00-7:00 PM	Turf
5	Nov 16, 2026	Monday	7:30-8:30 PM	Gym
6	Nov 20, 2026	Friday	6:30-7:30 PM	Gym
7	Nov 23, 2026	Monday	7:30-8:30 PM	Gym
8	Nov 24, 2026	Tuesday	6:00-7:00 PM	Turf
9	Nov 30, 2026	Monday	7:30-8:30 PM	Gym
10	Dec 04, 2026	Friday	6:30-7:30 PM	Gym
11	Dec 07, 2026	Monday	7:30-8:30 PM	Gym
12	Dec 08, 2026	Tuesday	6:00-7:00 PM	Turf
13	Dec 14, 2026	Monday	7:30-8:30 PM	Gym
14	Dec 18, 2026	Friday	6:30-7:30 PM	Gym
15	Jan 04, 2027	Monday	7:30-8:30 PM	Gym
16	Jan 05, 2027	Tuesday	6:00-7:00 PM	Turf
17	Jan 11, 2027	Monday	7:30-8:30 PM	Gym
18	Jan 15, 2027	Friday	6:30-7:30 PM	Gym
19	Jan 18, 2027	Monday	7:30-8:30 PM	Gym
20	Jan 19, 2027	Tuesday	6:00-7:00 PM	Turf
21	Jan 25, 2027	Monday	7:30-8:30 PM	Gym
22	Jan 29, 2027	Friday	6:30-7:30 PM	Gym
23	Feb 01, 2027	Monday	7:30-8:30 PM	Gym
24	Feb 02, 2027	Tuesday	6:00-7:00 PM	Turf
25	Feb 08, 2027	Monday	7:30-8:30 PM	Gym
26	Feb 12, 2027	Friday	6:30-7:30 PM	Gym
27	Feb 15, 2027	Monday	7:30-8:30 PM	Gym
28	Feb 16, 2027	Tuesday	6:00-7:00 PM	Turf
29	Feb 22, 2027	Monday	7:30-8:30 PM	Gym
30	Feb 26, 2027	Friday	6:30-7:30 PM	Gym
31	Mar 01, 2027	Monday	7:30-8:30 PM	Gym
32	Mar 02, 2027	Tuesday	6:00-7:00 PM	Turf
33	Mar 08, 2027	Monday	7:30-8:30 PM	Gym
34	Mar 12, 2027	Friday	6:30-7:30 PM	Gym
35	Mar 15, 2027	Monday	7:30-8:30 PM	Gym
36	Mar 16, 2027	Tuesday	6:00-7:00 PM	Turf
37	Mar 22, 2027	Monday	7:30-8:30 PM	Gym
38	Mar 26, 2027	Friday	6:30-7:30 PM	Gym