

WCRFC Fall/Winter Soccer Program Practice Schedule (Nov 4 – Mar 13)

Tuesdays – Turf (Indoor, Stratford, 21 Myrtle St, Stratford) – 45 min per team per half field, full field used by two teams each slot, 4 teams total per session, 5 teams to rotate weekly.

Turf Rotation (Nov 4 – Mar 10)

Date	4:00–4:45 pm	4:45–5:30 pm
Nov 4	U10 Girls + U12 Girls	U12 Boys + U14 Boys
Nov 11	U14 Girls + U12 Girls	U12 Boys + U10 Girls
Nov 18	U10 Girls + U12 Boys	U14 Girls + U12 Girls
Nov 25	U12 Boys + U12 Girls	U10 Girls + U14 Boys
Dec 2	U10 Girls + U12 Girls	U12 Boys + U14 Boys
Dec 9	U14 Girls + U12 Girls	U12 Boys + U10 Girls
Dec 16	U10 Girls + U12 Boys	U14 Girls + U12 Girls
Jan 6	U14 Girls + U12 Girls	U12 Boys + U10 Girls
Jan 13	U10 Girls + U12 Boys	U14 Girls + U12 Girls
Jan 20	U12 Boys + U12 Girls	U10 Girls + U14 Boys
Jan 27	U10 Girls + U12 Girls	U12 Boys + U14 Boys
Feb 3	U14 Girls + U12 Girls	U12 Boys + U10 Girls
Feb 10	U10 Girls + U12 Boys	U14 Girls + U12 Girls
Feb 17	U12 Boys + U12 Girls	U10 Girls + U14 Boys
Feb 24	U10 Girls + U12 Girls	U12 Boys + U14 Boys
Mar 3	U14 Girls + U12 Girls	U12 Boys + U10 Girls
Mar 10	U10 Girls + U12 Boys	U14 Girls + U12 Girls

Wednesdays – Gym (Park Royal United Church, Sherwood, 5:30–8:30 pm, 1 team per hour)

Date	5:30–6:30 pm	6:30–7:30 pm	7:30–8:30 pm
Nov 5	U10 Girls	U12 Boys White	U12 Girls
Nov 12	U10 Girls	U12 Boys Blue	U12 Girls

Date	5:30–6:30 pm	6:30–7:30 pm	7:30–8:30 pm
Nov 19	U10 Girls	U12 Boys White	U12 Girls
Nov 26	U10 Girls	U12 Boys Blue	U12 Girls
Dec 3	U10 Girls	U12 Boys White	U12 Girls
Dec 10	U10 Girls	U12 Boys Blue	U12 Girls
Dec 17	U10 Girls	U12 Boys White	U12 Girls
Dec 24	Holiday	Holiday	Holiday
Dec 31	Holiday	Holiday	Holiday
Jan 7	U10 Girls	U12 Boys Blue	U12 Girls
Jan 14	U10 Girls	U12 Boys White	U12 Girls
Jan 21	U10 Girls	U12 Boys Blue	U12 Girls
Jan 28	U10 Girls	U12 Boys White	U12 Girls
Feb 4	U10 Girls	U12 Boys Blue	U12 Girls
Feb 11	U10 Girls	U12 Boys White	U12 Girls
Feb 18	U10 Girls	U12 Boys Blue	U12 Girls
Feb 25	U10 Girls	U12 Boys White	U12 Girls
Mar 4	U10 Girls	U12 Boys Blue	U12 Girls
Mar 11	U10 Girls	U12 Boys White	U12 Girls

Fridays – Gym (Park Royal United Church, Sherwood, 5:30–8:30 pm, 1 team per hour)

Date	5:30–6:30 pm	6:30–7:30 pm	7:30–8:30 pm
Nov 7	U14 Boys White	U14 Girls	U14 Boys Blue
Nov 14	U12 Boys Blue	U14 Girls	U14 Boys Blue
Nov 21	U12 Boys Blue	U14 Girls	U14 Boys White
Nov 28	U14 Boys White	U14 Girls	U14 Boys Blue
Dec 5	No Gym	No Gym	No Gym
Dec 12	U12 Boys Blue	U14 Girls	U14 Boys Blue
Dec 19	U12 Boys Blue	U14 Girls	U14 Boys White
Dec 26	Holiday	Holiday	Holiday
Jan 2	Holiday	Holiday	Holiday

Date	5:30–6:30 pm	6:30–7:30 pm	7:30–8:30 pm
Jan 9	U14 Boys White	U14 Girls	U14 Boys Blue
Jan 16	U12 Boys Blue	U14 Girls	U14 Boys Blue
Jan 23	U12 Boys Blue	U14 Girls	U14 Boys White
Jan 30	No Gym	No Gym	No Gym
Feb 6	U14 Boys White	U14 Girls	U14 Boys Blue
Feb 13	U12 Boys Blue	U14 Girls	U14 Boys Blue
Feb 20	U12 Boys Blue	U14 Girls	U14 Boys Blue
Feb 27	No Gym	No Gym	No Gym
Mar 6	U14 Boys White	U14 Girls	U14 Boys Blue
Mar 13	U12 Boys Blue	U14 Girls	U14 Boys White

Notes:

- Each team gets at least 2 practices per week (turf + gym).
- Turf rotation ensures all 5 teams (U10 Girls, U12 Boys, U12 Girls, U14 Boys, U14 Girls) rotate fairly through half-field slots.
- U10 Girls and U14 Girls never practice at the same time; U12 Boys and U14 Boys never practice at the same time.
- Floating Friday slot rotates between U12 Boys Blue and U14 Boys Blue for fairness.
- Over multiple weeks, each team rotates through different time slots and field halves.